



### Sunday

#### Allon Chapel @ Good Neighbor

- 📅 When: Weekly | 1PM
- Where: 2617 Y Street
- Type: FoodNet
- **C**ontact: 402-416-6197
- No documentation required.

#### **College View Church**

- 📅 When: Weekly | 11:30AM
- Where: 4801 Prescott Ave
- 🐺 Type: FoodNet
- **Contact:** 402-486-2880
- No documentation required.

#### **Matt Talbot Kitchen & Outreach**

- 17 When: Weekly | 11:30AM-12:30PM & 5:30-6:30PM
- TWhere: 2121 N 27th Street
- 🐺 Type: Meal | Pantry
- **C**ontact: 402-477-4116
- No documentation required.

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#### **Calvary Lutheran Church**

- 📅 When: Weekly | 11AM
- Where: 2788 Franklin Street
- Type: FoodNet
- **C**ontact: 402-416-6197
- No documentation required.

#### **Center For People**

- 📅 When: Weekly | 9AM-2PM
- TWhere: 3901 N 27th Street
- 🐺 Type: Pantry
- **Contact:** 402-476-4357
- Documents: Clarity Card.

#### **Good Neighbor Community Center**

- 📅 When: Daily | 10AM-1:15PM
- Where: 2617 Y Street
- 🐺 Type: Pantry
- **Contact:** 402-477-4173
- 📝 Call to visit market, 10am

#### People's City Mission

- 📅 When: Brkfst, Lunch, Dinner;
- time varies by gender
- 📍 Where: 2101 N Street
- 🐺 Type: Meal

USDA

- **Contact:** 402-475-6888
- No documentation required.

#### **Belmont Baptist Church**

- 📅 When: Weekly | 3:30PM
- TWhere: 3424 N 14th Street 🐺 Type: FoodNet
- **Contact:** 402-476-8276 No documentation required.

#### **Community Action's Gathering Place**

**Nutrition Assistance in Lincoln** 

- 📅 When: Daily | 5-6PM
- Where: 1448 E Street ٠
- 🐺 Type: Meal
- **Contact:** 402-476-7398
- No documentation required.

#### **People's City Mission**

- 📅 When: Brkfst, Lunch, Dinner; time varies by gender
- TWhere: 2101 N Street
- 🐺 Type: Meal
- **C**ontact: 402-475-6888
- No documentation required.

#### **Capitol View Seventh-Day Adventist**

#### 📅 When: Weekly | 2PM

- ٠ Where: 1640 A Street
- Type: FoodNet
- **C**ontact: 402-416-6197
- No documentation required.

#### F Street Community Center

- 📅 When: Daily | 2:30-3:30PM
- Where: 1225 F Street
- 🐺 Type: Meal
- **Contact:** 402-441-7951
- No documentation required.

#### Carol Yoakum Resource Center

- 📅 When: Every 4th Mon. | 5-6PM
- Where: 4621 NW 48th Street
- Type: Distribution
- **C**ontact: 402-434-2621
- No documentation required.

#### **Community Action's Gathering Place**

- 📅 When: Daily | 5-6PM
- Yhere: 1448 E Street
- 🐺 Type: Meal
- **Contact:** 402-476-7398
- No documentation required.

#### Matt Talbot Kitchen & Outreach

- 📅 When: Weekly | Meals, 11:30AM-12:30PM
- & 5:30-6:30PM; Pantry 1-3PM
- 📍 Where: 2121 N 27th Street
- 🐺 Type: Meal | Pantry

This institution is an equal opportunity provider. This material was funded in part by USDA's Supplemental Nutrition Assistance Program and

low income. It can help you buy nutritious foods for a better diet. To find out more, call 1-800-430-3244.

Expanded Food & Nutrition Education Program (EFNEP). The Supplemental Nutrition Assistance Program provides nutrition assistance to people with

Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska-Lincoln cooperating with the Counties and the U.S. Department of Agriculture (USDA). University of Nebraska-Lincoln Extension's educational programs abide with the nondiscrimination policies of the University of Nebraska-Lincoln and the

- **Contact:** 402-477-4116
- No documentation required.

#### **Catholic Social Services**

📅 When: Weekly | 1-3PM

**Contact:** 402-327-6200

📝 Call to visit market, 8-8:30am

📅 When: 2 & 4th Mon. | 3-4PM Where: 7800 Holdrege Street

No documentation required.

📅 When: Weekly | 12:30-2:30PM

No documentation required.

code or visit: https://go.unl.edu/foodassistance

402-441-7180

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Food Bank of Lincoln @ Capital City

Where: 2241 O Street 🐺 Type: Pantry

**Christian Church** 

Type: Distribution

**Mission Help Center** 

🐺 Type: Pantry

Updated 3.17.2025 | For most updated information about food assistance options, scan the QR

For more information about Nutrition Access in Lancaster County call Nebraska Extension at

**Contact:** 402-466-8170

TWhere: 6800 P Street

**Contact:** 402-475-6888



### **Nutrition Assistance in Lincoln**



### Tuesday

#### Barnabas Community

- 📅 When: Weekly | Noon
- Where: 931 Saunders Ave
- 🐺 Type: Meal
- **Contact:** 402-742-0035
- No documentation required.

#### **Community Action's Gathering Place**

- 📅 When: Daily | 5-6PM
- Where: 1448 E Street
- 🐺 Type: Meal
- **Contact:** 402-476-7398
- No documentation required.

#### Good Neighbor Community Center

- 📅 When: Daily | 10AM-1:15PM
- Where: 2617 Y Street
- 🐺 Type: Pantry
- **Contact:** 402-477-4173
- 📝 Call to visit market, 10am

#### Matt Talbot Kitchen & Outreach

- When: Weekly | 11:30AM-12:30PM & 5:30-6:30PM
- P Where: 2121 N 27th Street
- 🐺 Type: Meal
- Contact: 402-477-4116
- No documentation required.

#### **People's City Mission**

- When: Brkfst, Lunch, Dinner; time varies by gender
- Where: 2101 N Street
- Tvpe: Meal
- **Contact:** 402-475-6888
- No documentation required.

### Wednesday

#### **Catholic Social Services**

- 📅 When: Weekly | 1-3PM
- 📍 Where: 2241 O Street
- 🐺 Type: Pantry
- **Contact:** 402-327-6200
- 📝 Call to visit market, 8-8:30am

#### Eastridge Pantry

- 📅 When: Weekly | 1-3PM
- Where: 1135 Eastridge Drive
- Contact: 531-254-5408
- **Mission Help Center**
- 17 When: Weekly | 4:30-6:30PM
- Where: 6800 P Street
- 🐺 Type: Pantry
- **Contact:** 402-475-6888
- No documentation required.

#### Southpointe Christian Church

- 📅 When: Weekly | 5:30PM
- 📍 Where: 7010 Helen Witt Drive
- 🐺 Type: FoodNet

USDA.

- **Contact:** 402-416-6197
- No documentation required.

#### **Catholic Social Services**

- 📅 When: Weekly | 1-3PM 📍 Where: 2241 O Street
- Type: Pantry
- Contact: 402-327-6200
- Call to visit market. 8-8:30am

#### **ConnectioN Point**

- 📅 When: Weekly | 2-4PM
- 1333 N 33rd Street
- 🐺 Type: Pantry
- Contact: 402-417-0771
- 📝 On-site form

#### **Havelock United Methodist Church**

- 📅 When: Weekly | 4:30PM
- 1 Where: 4140 N 60th Street
- 🐺 Type: FoodNet
- **Contact:** 402-466-6736
- No documentation required.

#### **Mission Help Center**

- 📅 When: Weekly | 12:30-2:30PM
- 📍 Where: 6800 P Street
- 🐺 Type: Pantry
- **Contact:** 402-475-6888
- No documentation required.

#### Salvation Army

- 📅 When: Weekly | 10:15-11:30AM
- 📍 Where: 2625 Potter Street
- 🐺 Type: Pantry

**Center For People** 

🐺 Type: Pantry

🐺 Type: Pantry

🐺 Type: Meal

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low income. It can help you buy nutritious foods for a better diet. To find out more, call 1-800-430-3244.

Expanded Food & Nutrition Education Program (EFNEP). The Supplemental Nutrition Assistance Program provides nutrition assistance to people with

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- **Contact:** 402-474-6263
- No documentation required.

📅 When: Weekly | 9AM-2PM

**C**ontact: 402-476-4357

Documents: Clarity Card

📅 When: Daily | 10AM-1:15PM

📍 Where: 2617 Y Street

**Contact:** 402-477-4173

**People's City Mission** 

📝 Call to visit market, 10am

📅 When: Brkfst, Lunch, Dinner;

time varies by gender

No documentation required.

Where: 2101 N Street

**Contact:** 402-475-6888

**Good Neighbor Community Center** 

• Where: 3901 N 27th Street

#### **Center For People**

- 📅 When: Weekly | 9AM-2PM
- 📍 Where: 3901 N 27th Street
- 🐺 Type: Pantry
- **Contact:** 402-476-4357
- Documents: Clarity Card

#### Food Bank of Lincoln @ Southwood Lutheran Church

- When: 1st & 3rd Tues. | 4-5PM
- Milen: 1201 Wilderness Hills Deule
- Where: 4301 Wilderness Hills Boulevard
- 🐺 Type: Distribution

📜 Type: Pantry

Type: FoodNet

**Contact:** 402-423-5511

📅 When: Weekly | 12-3PM

**Contact:** 402-474-6275

Northwest Church of Christ

• Where: 3110 N 1st Street

**Contact:** 402-416-6197

**Cristo Rey Catholic Church** 

📅 When: Weekly | 5-6PM

Where: 4221 J Street
Type: FoodNet

**Contact:** 402-416-6197

No documentation required.

& 5:30-6:30PM; Pantry 1-3PM

Where: 2121 N 27th Street

No documentation required.

📅 When: Daily | 12 PM-3:30PM

**Contact:** 402-474-6263

Where: 2625 Potter Street

No documentation required.

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🐺 Type: Meal | Pantry

Salvation Army

🐺 Type: Pantry

**Contact:** 402-477-4116

**Matt Talbot Kitchen & Outreach** 

📅 When: Weekly | Meals 11:30AM-12:30PM

No documentation required.

Where: 2001 S 11th Street

No documentation required.

### No documentation required.





### Thursday

## **Nutrition Assistance in Lincoln**

#### Barnabas Community

- 📅 When: Weekly | 6 PM
- 📍 Where: 931 Saunders Ave
- 🐺 Type: Meal
- **C**ontact: 402-742-0035
- No documentation required.

#### Community Action's Gathering Place

- 📅 When: Daily | 5-6 PM
- 📍 Where: 1448 E Street
- 🐺 Type: Meal
- **Contact:** 402-476-7398
- No documentation required.

#### **Good Neighbor Community Center**

- 📅 When: Daily | 10AM-1:15PM
- 📍 Where: 2617 Y Street
- 🐺 Type: Pantry
- **Contact:** 402-477-4173
- 📝 Call to visit market, 10am

#### **Neighborhood Church**

- 📅 When: Weekly | 5PM
- 📍 Where: 1302 F Street
- 🐺 Type: FoodNet
- **C**ontact: 402-435-3673
- No documentation required.

#### **Catholic Social Services**

- 📅 When: Weekly | 1-3PM
- Where: 2241 O Street
- 🐺 Type: Pantry
- **C**ontact: 402-327-6200
- 📝 Call to visit market, 8-8:30am

#### **ConnectioN Point**

- 📅 When: Weekly | 2-4PM
- TWhere: 1333 N 33rd Street
- 🐺 Type: Pantry
- **Contact:** 402-417-0771
- 📝 On-site form

#### Immanuel Bread of Life Pantry

- 📅 When: Weekly | 12-3PM
- TWhere: 2001 S 11th Street
- 🐺 Type: Pantry
- **C**ontact: 402-474-6275
- No documentation required.

#### **People's City Mission**

- When: Brkfst, Lunch, Dinner; time varies by gender
- 📍 Where: 2101 N Street
- 🐺 Type: Meal
- **Contact:** 402-475-6888
- No documentation required.

#### **Center For People**

- 📅 When: Weekly | 9AM-2PM
- 📍 Where: 3901 N 27th Street
- 🐺 Type: Pantry
- **C**ontact: 402-476-4357
- 📝 Documents: Clarity Card

#### **First Mennonite Church**

- 📅 When: Weekly | 5PM
- 📍 Where: 7300 Holdrege Street
- 🐺 Type: FoodNet
- **Contact:** 402-416-6197
- No documentation required.

#### **Matt Talbot Kitchen & Outreach**

- When: Weekly | 11:30AM-12:30PM & 5:30-6:30PM
- Where: 2121 N 27th Street
- Type: Meal | Pantry
- **Contact:** 402-477-4116
- No documentation required.

#### **Salvation Army**

- 📅 When: Weekly | 10:15-11:30AM
- 📍 Where: 2625 Potter Street
- 🐺 Type: Pantry
- **Contact:** 402-474-6263

Food Bank of Lincoln

🐺 Type: Distribution

**Contact:** 402-466-8170

No documentation required.

📅 When: 1st & 3rd Fri. | 2:30-4PM

Where: 1221 Kingbird Road

No documentation required.

**Matt Talbot Kitchen & Outreach** 

📍 Where: 2121 N 27th Street

When: Daily | 12 PM-3:30PM Where: 2625 Potter Street

No documentation required.

🐺 Type: Meal | Pantry

Salvation Armv

🐺 Type: Pantry

℃ Contact: 402-477-4116
No documentation required.

**Contact:** 402-474-6263

📅 When: Weekly | 11:30AM-12:30PM &

5:30-6:30PM; Pantry 1-3PM

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### Friday

#### Citylight Lincoln

- When: Weekly | 10:30AM
- Where: 2820 O Street
- Type: FoodNet
- Contact: 402-416-6197
- No documentation required.

### Good Neighbor Community Center

- When: Daily | 10-11AM
- Where: 2617 Y Street
- 🐺 Type: Pantry
- Contact: 402-477-4173
- 📝 Call to visit market, 10am

#### **Mission Help Center**

- 📅 When: Weekly | 9:30-Noon
- 📍 Where: 6800 P Street
- 🐺 Type: Pantry

USDA

- **Contact:** 402-475-6888
- No documentation required.

#### **Community Action's Gathering Place**

- 📅 When: Daily | 5-6PM
- 📍 Where: 1448 E Street

📅 When: Weekly | 11AM

**Contact:** 402-416-6197

**People's City Mission** 

No documentation required.

Where: 1345 S 16th Street

No documentation required.

📅 When: Brkfst, Lunch, Dinner;

time varies by gender Where: 2101 N Street

No documentation required.

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**Contact:** 402-475-6888

₩ Type: Meal Contact: 402-476-7398

**Grace Chapel** 

🐺 Type: Meal

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low income. It can help you buy nutritious foods for a better diet. To find out more, call 1-800-430-3244.

Expanded Food & Nutrition Education Program (EFNEP). The Supplemental Nutrition Assistance Program provides nutrition assistance to people with

🐺 Type: FoodNet

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### Saturday

#### **Barnabas Community**

- 📅 When: Weekly | 9AM & Noon
- P Where: 931 Saunders Ave
- 🐺 Type: Meal (grab-and-go) Contact: 402-742-0035
- No documentation required.

#### Food Bank of Lincoln @ First **Plymouth Church**

- When: 1st & 3rd Sat. 9AM-Noon
- Where: 2000 D Street
- Type: Distribution
- **C**ontact: 402-476-7565
- No documentation required.

#### **Matt Talbot Kitchen & Outreach**

11:30AM-12:30PM & 5:30-6:30PM

- Where: 2121 N 27th Street
- 🐺 Type: Meal | Pantry
- **Contact:** 402-477-4116
- No documentation required.

#### **Zion Church**

- 📅 When: Weekly | 9:15AM
- Where: 5511 S 27th Street
- 🐺 Type: FoodNet
- **Contact:** 402-416-6197
- No documentation required.

## **Nutrition Assistance in Lincoln**

#### **Belmont Community Center**

- 📅 When: Daily | 10-11AM
- TWhere: 1234 Judson Street
- Type: Meal (grab-and-go) **C**ontact: 402-477-8854
- No documentation required.

#### F Street Community Center When: Daily | 1-2PM

- Where: 1225 F Street
- 🐺 Type: Meal
- **Contact:** 402-441-7951 No documentation required.

#### People's City Mission

- 📅 When: Brkfst, Lunch, Dinner; time varies by gender
- Where: 2101 N Street
- 🐺 Type: Meal
- **Contact:** 402-475-6888
- No documentation required.

#### **Community Action's Gathering Place**

- 📅 When: Daily | 5-6PM
- ¶ Where: 1448 E Street
- 🐺 Type: Meal
- **C**ontact: 402-476-7398
- No documentation required.

#### Immanuel Bread of Life Pantry

- 📅 When: Weekly | 12-3PM
- Where: 2001 S 11th Street
- Tvpe: Pantry
- **Contact:** 402-474-6275
- No documentation required.

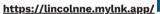
#### St. Mary's Catholic

- 📅 When: Weekly | 11:30AM
- TWhere: 1420 K Street
- 🐺 Type: FoodNet
- **Contact:** 402-416-6197
- No documentation required.

Call 211 for assistance connecting with more resources to meet your needs.



MyLink or MyLNK Phone App and Website for information on community services.



### Supplemental Nutrition Assistance Program (SNAP)

» For: eligible low-income people and their families

» Each month, SNAP benefits are issued on an electronic benefit transfer (EBT) card—like a debit card. The EBT card can be used at most grocery stores, discount stores, farmers' markets and neighborhood stores to buy most food products. » Apply for SNAP benefits and other public assistance at iServe Nebraska:

#### https://iserve.nebraska.gov/

» Questions and assistance applying, call Nebraska SNAP Outreach Hotline at 1-855-444-5556.



#### Nebraska Double Up Food Bucks (DUFB) » For: SNAP/EBT card users

» When you use your EBT Card at qualifying SNAP retailers, Double Up matches your fresh fruit and vegetable purchases dollar for dollar, up to \$20 a day.

#### » Call 402-441-6744 or visit

https://doubleupnebraska.org to find a DUFB location near you.



### NEBRASKA Nutrition for Women, Infants, and Children (WIC)

» For: eligible low-income pregnant or breastfeeding women, new moms, and

- children under 5 » WIC helps eligible families with healthy food, breastfeeding support, and nutrition and health resources.
- » Call 402-471-2781 or visit

https://dhhs.ne.gov/Pages/WIC-About.aspx



Little Free Pantries » Pantries in neighborhoods providing food and essential items to anyone in need. » Questions? Call 402-601-4501 or visit Little Free Pantries LNK Facebook page at https://www.facebook.com/LittleFreePant



Lincoln Fresh by the Food Bank of Lincoln » Lincoln Fresh provides fresh, seasonal

produce at 15 sites in Lincoln March -November. All are welcome. No documents or ID needed. Seasonal schedule at https://www.lincolnfoodbank.org/services /lincoln-fresh-rural-mobile-produce/



#### Tabitha Meals on Wheels

» Tabitha Meals on Wheels provides warm, nutritious lunches for senior adults throughout Lincoln. » Call 402-486-8589 or visit

https://www.tabitha.org/careservices/tabitha-meals-on-wheels/

#### Food Distributors in Lincoln:

FoodNet



Food Bank of Lincoln » Questions? Call 402-466-8170 or visit https://www.lincolnfoodbank.org



Foodnet » Questions? Call 402-416-6197 or visit https://foodnetlincoln.org/sites/

riesLNK/