











## Sunday

# Nutrition Assistance in Lincoln






### Allon Chapel @ Good Neighbor

 When: Weekly | 1PM  
 Where: 2617 Y Street  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.






### College View Church

 When: Weekly | 11:30AM  
 Where: 4801 Prescott Ave  
 Type: FoodNet  
 Contact: 402-486-2880  
 No documentation required.






### Matt Talbot Kitchen & Outreach

 When: Weekly | 11:30AM-12:30PM & 5:30-6:30PM  
 Where: 2121 N 27th Street  
 Type: Meal | Pantry  
 Contact: 402-477-4116  
 No documentation required.






### Belmont Baptist Church

 When: Weekly | 3:30PM  
 Where: 3424 N 14th Street  
 Type: FoodNet  
 Contact: 402-476-8276  
 No documentation required.






### Community Action's Gathering Place

 When: Daily | 5-6PM  
 Where: 1448 E Street  
 Type: Meal  
 Contact: 402-476-7398  
 No documentation required.






### People's City Mission

 When: Brkfst, Lunch, Dinner; time varies by gender  
 Where: 2101 N Street  
 Type: Meal  
 Contact: 402-475-6888  
 No documentation required.

### Capitol View Seventh-Day Adventist






 When: Weekly | 2PM  
 Where: 1640 A Street  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.

### F Street Community Center





 When: Daily | 2:30-3:30PM  
 Where: 1225 F Street  
 Type: Meal  
 Contact: 402-441-7951  
 No documentation required.

## Monday






### Calvary Lutheran Church

 When: Weekly | 11AM  
 Where: 2788 Franklin Street  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.






### Center For People

 When: Weekly | 9AM-2PM  
 Where: 3901 N 27th Street  
 Type: Pantry  
 Contact: 402-476-4357  
 Documents: Clarity Card.






### Good Neighbor Community Center

 When: Daily | 10AM-1:15PM  
 Where: 2617 Y Street  
 Type: Pantry  
 Contact: 402-477-4173  
 Call to visit market, 10am






### People's City Mission

 When: Brkfst, Lunch, Dinner; time varies by gender  
 Where: 2101 N Street  
 Type: Meal  
 Contact: 402-475-6888  
 No documentation required.

### Carol Yoakum Resource Center

 When: Every 4th Mon. | 5-6PM  
 Where: 4621 NW 48th Street  
 Type: Distribution  
 Contact: 402-434-2621  
 No documentation required.

### Community Action's Gathering Place

 When: Daily | 5-6PM  
 Where: 1448 E Street  
 Type: Meal  
 Contact: 402-476-7398  
 No documentation required.






### Matt Talbot Kitchen & Outreach

 When: Weekly | Meals, 11:30AM-12:30PM & 5:30-6:30PM; Pantry 1-3PM  
 Where: 2121 N 27th Street  
 Type: Meal | Pantry  
 Contact: 402-477-4116  
 No documentation required.






### Catholic Social Services

 When: Weekly | 1-3PM  
 Where: 2241 O Street  
 Type: Pantry  
 Contact: 402-327-6200  
 Call to visit market, 8-8:30am

### Food Bank of Lincoln @ Capital City Christian Church

 When: 2 & 4th Mon. | 3-4PM  
 Where: 7800 Holdrege Street  
 Type: Distribution  
 Contact: 402-466-8170  
 No documentation required.

### Mission Help Center

 When: Weekly | 12:30-2:30PM  
 Where: 6800 P Street  
 Type: Pantry  
 Contact: 402-475-6888  
 No documentation required.

Updated 3.17.2025 | For most updated information about food assistance options, scan the QR code or visit: <https://go.unl.edu/foodassistance>






For more information about Nutrition Access in Lancaster County call Nebraska Extension at 402-441-7180








## Nutrition Assistance in Lincoln

### Tuesday






#### Barnabas Community

 When: Weekly | Noon  
 Where: 931 Saunders Ave  
 Type: Meal  
 Contact: 402-742-0035  
 No documentation required.






#### Community Action's Gathering Place

 When: Daily | 5-6PM  
 Where: 1448 E Street  
 Type: Meal  
 Contact: 402-476-7398  
 No documentation required.






#### Good Neighbor Community Center

 When: Daily | 10AM-1:15PM  
 Where: 2617 Y Street  
 Type: Pantry  
 Contact: 402-477-4173  
 Call to visit market, 10am



#### Matt Talbot Kitchen & Outreach

 When: Weekly | 11:30AM-12:30PM & 5:30-6:30PM  
 Where: 2121 N 27th Street  
 Type: Meal  
 Contact: 402-477-4116  
 No documentation required.






#### People's City Mission

 When: Brkfst, Lunch, Dinner; time varies by gender  
 Where: 2101 N Street  
 Type: Meal  
 Contact: 402-475-6888  
 No documentation required.






#### Catholic Social Services

 When: Weekly | 1-3PM  
 Where: 2241 O Street  
 Type: Pantry  
 Contact: 402-327-6200  
 Call to visit market, 8-8:30am






#### Connection Point

 When: Weekly | 2-4PM  
 Where: 1333 N 33rd Street  
 Type: Pantry  
 Contact: 402-417-0771  
 On-site form


#### Havelock United Methodist Church

 When: Weekly | 4:30PM  
 Where: 4140 N 60th Street  
 Type: FoodNet  
 Contact: 402-466-6736  
 No documentation required.






#### Mission Help Center

 When: Weekly | 12:30-2:30PM  
 Where: 6800 P Street  
 Type: Pantry  
 Contact: 402-475-6888  
 No documentation required.











#### Salvation Army

 When: Weekly | 10:15-11:30AM  
 Where: 2625 Potter Street  
 Type: Pantry  
 Contact: 402-474-6263  
 No documentation required.






#### Center For People

 When: Weekly | 9AM-2PM  
 Where: 3901 N 27th Street  
 Type: Pantry  
 Contact: 402-476-4357  
 Documents: Clarity Card

#### Food Bank of Lincoln @ Southwood Lutheran Church





 When: 1st & 3rd Tues. | 4-5PM  
 Where: 4301 Wilderness Hills Boulevard  
 Type: Distribution  
 Contact: 402-423-5511  
 No documentation required.  
**Immanuel Bread of Life Pantry**  
 When: Weekly | 12-3PM  
 Where: 2001 S 11th Street  
 Type: Pantry  
 Contact: 402-474-6275  
 No documentation required.

#### Northwest Church of Christ

 When: Weekly | 4:15-5:30PM  
 Where: 3110 N 1st Street  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.

### Wednesday






#### Catholic Social Services

 When: Weekly | 1-3PM  
 Where: 2241 O Street  
 Type: Pantry  
 Contact: 402-327-6200  
 Call to visit market, 8-8:30am






#### Eastridge Pantry

 When: Weekly | 1-3PM  
 Where: 1135 Eastridge Drive  
 Type: Pantry  
 Contact: 531-254-5405  
 Call to visit market






#### Mission Help Center

 When: Weekly | 4:30-6:30PM  
 Where: 6800 P Street  
 Type: Pantry  
 Contact: 402-475-6888  
 No documentation required.






#### Southpointe Christian Church

 When: Weekly | 5:30PM  
 Where: 7010 Helen Witt Drive  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.






#### Center For People

 When: Weekly | 9AM-2PM  
 Where: 3901 N 27th Street  
 Type: Pantry  
 Contact: 402-476-4357  
 Documents: Clarity Card






#### Good Neighbor Community Center

 When: Daily | 10AM-1:15PM  
 Where: 2617 Y Street  
 Type: Pantry  
 Contact: 402-477-4173  
 Call to visit market, 10am

#### People's City Mission

 When: Brkfst, Lunch, Dinner; time varies by gender  
 Where: 2101 N Street  
 Type: Meal  
 Contact: 402-475-6888  
 No documentation required.






#### Cristo Rey Catholic Church

 When: Weekly | 5-6PM  
 Where: 4221 J Street  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.

#### Matt Talbot Kitchen & Outreach

 When: Weekly | Meals 11:30AM-12:30PM & 5:30-6:30PM; Pantry 1-3PM  
 Where: 2121 N 27th Street  
 Type: Meal | Pantry  
 Contact: 402-477-4116  
 No documentation required.






#### Salvation Army

 When: Daily | 12 PM-3:30PM  
 Where: 2625 Potter Street  
 Type: Pantry  
 Contact: 402-474-6263  
 No documentation required.






## Nutrition Assistance in Lincoln

### Thursday






#### Barnabas Community

 When: Weekly | 6 PM  
 Where: 931 Saunders Ave  
 Type: Meal  
 Contact: 402-742-0035  
 No documentation required.






#### Community Action's Gathering Place

 When: Daily | 5-6 PM  
 Where: 1448 E Street  
 Type: Meal  
 Contact: 402-476-7398  
 No documentation required.

#### Good Neighbor Community Center

 When: Daily | 10AM-1:15PM  
 Where: 2617 Y Street  
 Type: Pantry  
 Contact: 402-477-4173  
 Call to visit market, 10am






#### Neighborhood Church

 When: Weekly | 5PM  
 Where: 1302 F Street  
 Type: FoodNet  
 Contact: 402-435-3673  
 No documentation required.






#### Catholic Social Services

 When: Weekly | 1-3PM  
 Where: 2241 O Street  
 Type: Pantry  
 Contact: 402-327-6200  
 Call to visit market, 8-8:30am






#### Connection Point

 When: Weekly | 2-4PM  
 Where: 1333 N 33rd Street  
 Type: Pantry  
 Contact: 402-417-0771  
 On-site form





#### Immanuel Bread of Life Pantry

 When: Weekly | 12-3PM  
 Where: 2001 S 11th Street  
 Type: Pantry  
 Contact: 402-474-6275  
 No documentation required.






#### People's City Mission

 When: Brkfst, Lunch, Dinner;  
time varies by gender  
 Where: 2101 N Street  
 Type: Meal  
 Contact: 402-475-6888  
 No documentation required.





#### Center For People

 When: Weekly | 9AM-2PM  
 Where: 3901 N 27th Street  
 Type: Pantry  
 Contact: 402-476-4357  
 Documents: Clarity Card





#### First Mennonite Church

 When: Weekly | 5PM  
 Where: 7300 Holdrege Street  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.

#### Matt Talbot Kitchen & Outreach






 When: Weekly | 11:30AM-12:30PM &  
5:30-6:30PM  
 Where: 2121 N 27th Street  
 Type: Meal | Pantry  
 Contact: 402-477-4116  
 No documentation required.

#### Salvation Army




 When: Weekly | 10:15-11:30AM  
 Where: 2625 Potter Street  
 Type: Pantry  
 Contact: 402-474-6263  
 No documentation required.

### Friday






#### Citylight Lincoln

 When: Weekly | 10:30AM  
 Where: 2820 O Street  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.






#### Good Neighbor Community Center

 When: Daily | 10-11AM  
 Where: 2617 Y Street  
 Type: Pantry  
 Contact: 402-477-4173  
 Call to visit market, 10am






#### Mission Help Center

 When: Weekly | 9:30-Noon  
 Where: 6800 P Street  
 Type: Pantry  
 Contact: 402-475-6888  
 No documentation required.






#### Community Action's Gathering Place

 When: Daily | 5-6PM  
 Where: 1448 E Street  
 Type: Meal  
 Contact: 402-476-7398  
 No documentation required.






#### Grace Chapel

 When: Weekly | 11AM  
 Where: 1345 S 16th Street  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.






#### People's City Mission

 When: Brkfst, Lunch, Dinner;  
time varies by gender  
 Where: 2101 N Street  
 Type: Meal  
 Contact: 402-475-6888  
 No documentation required.






#### Food Bank of Lincoln

 When: 1st & 3rd Fri. | 2:30-4PM  
 Where: 1221 Kingbird Road  
 Type: Distribution  
 Contact: 402-466-8170  
 No documentation required.

#### Matt Talbot Kitchen & Outreach

 When: Weekly | 11:30AM-12:30PM &  
5:30-6:30PM; Pantry 1-3PM  
 Where: 2121 N 27th Street  
 Type: Meal | Pantry  
 Contact: 402-477-4116  
 No documentation required.






#### Salvation Army

 When: Daily | 12 PM-3:30PM  
 Where: 2625 Potter Street  
 Type: Pantry  
 Contact: 402-474-6263  
 No documentation required.






## Saturday

## Nutrition Assistance in Lincoln






### Barnabas Community

 When: Weekly | 9AM & Noon  
 Where: 931 Saunders Ave  
 Type: Meal (grab-and-go)  
 Contact: 402-742-0035  
 No documentation required.






### Food Bank of Lincoln @ First Plymouth Church

 When: 1st & 3rd Sat. | 9AM-Noon  
 Where: 2000 D Street  
 Type: Distribution  
 Contact: 402-476-7565  
 No documentation required.






### Matt Talbot Kitchen & Outreach

 When: Weekly | 11:30AM-12:30PM & 5:30-6:30PM  
 Where: 2121 N 27th Street  
 Type: Meal | Pantry  
 Contact: 402-477-4116  
 No documentation required.






### Zion Church

 When: Weekly | 9:15AM  
 Where: 5511 S 27th Street  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.






### Belmont Community Center

 When: Daily | 10-11AM  
 Where: 1234 Judson Street  
 Type: Meal (grab-and-go)  
 Contact: 402-477-8854  
 No documentation required.






### F Street Community Center

 When: Daily | 1-2PM  
 Where: 1225 F Street  
 Type: Meal  
 Contact: 402-441-7951  
 No documentation required.






### People's City Mission

 When: Brkfst, Lunch, Dinner; time varies by gender  
 Where: 2101 N Street  
 Type: Meal  
 Contact: 402-475-6888  
 No documentation required.






### Community Action's Gathering Place

 When: Daily | 5-6PM  
 Where: 1448 E Street  
 Type: Meal  
 Contact: 402-476-7398  
 No documentation required.

### Immanuel Bread of Life Pantry

 When: Weekly | 12-3PM  
 Where: 2001 S 11th Street  
 Type: Pantry  
 Contact: 402-474-6275  
 No documentation required.

### St. Mary's Catholic

 When: Weekly | 11:30AM  
 Where: 1420 K Street  
 Type: FoodNet  
 Contact: 402-416-6197  
 No documentation required.

Call 211 for assistance connecting with more resources to meet your needs.



MyLink or MyLNK Phone App and Website for information on community services.

<https://lincolnne.mylnk.app/>



### Supplemental Nutrition Assistance Program (SNAP)

» For: eligible low-income people and their families  
 » Each month, SNAP benefits are issued on an electronic benefit transfer (EBT) card—like a debit card. The EBT card can be used at most grocery stores, discount stores, farmers' markets and neighborhood stores to buy most food products.  
 » Apply for SNAP benefits and other public assistance at iServe Nebraska:  
<https://iserve.nebraska.gov/>  
 » Questions and assistance applying, call Nebraska SNAP Outreach Hotline at 1-855-444-5556.



DOUBLE UP FOOD BUCKS

### Nebraska Double Up Food Bucks (DUFBS)

» For: SNAP/EBT card users  
 » When you use your EBT Card at qualifying SNAP retailers, Double Up matches your fresh fruit and vegetable purchases dollar for dollar, up to \$20 a day.  
 » Call 402-441-6744 or visit <https://doubleupnebraska.org> to find a DUFBS location near you.



### Nutrition for Women, Infants, and Children (WIC)

» For: eligible low-income pregnant or breastfeeding women, new moms, and children under 5  
 » WIC helps eligible families with healthy food, breastfeeding support, and nutrition and health resources.  
 » Call 402-471-2781 or visit <https://dhhs.ne.gov/Pages/WIC-About.aspx>



### Little Free Pantries

» Pantries in neighborhoods providing food and essential items to anyone in need.  
 » Questions? Call 402-601-4501 or visit Little Free Pantries LNK Facebook page at <https://www.facebook.com/LittleFreePantriesLNK/>



### Lincoln Fresh by the Food Bank of Lincoln

» Lincoln Fresh provides fresh, seasonal produce at 15 sites in Lincoln March - November. All are welcome. No documents or ID needed. Seasonal schedule at <https://www.lincolnfoodbank.org/services/lincoln-fresh-rural-mobile-produce/>



### Tabitha Meals on Wheels

» Tabitha Meals on Wheels provides warm, nutritious lunches for senior adults throughout Lincoln.  
 » Call 402-486-8589 or visit <https://www.tabitha.org/care-services/tabitha-meals-on-wheels/>



### Food Distributors in Lincoln:



### Food Bank of Lincoln

» Questions? Call 402-466-8170 or visit <https://www.lincolnfoodbank.org>



### FoodNet

» Questions? Call 402-416-6197 or visit <https://foodnetlincoln.org/sites/>